

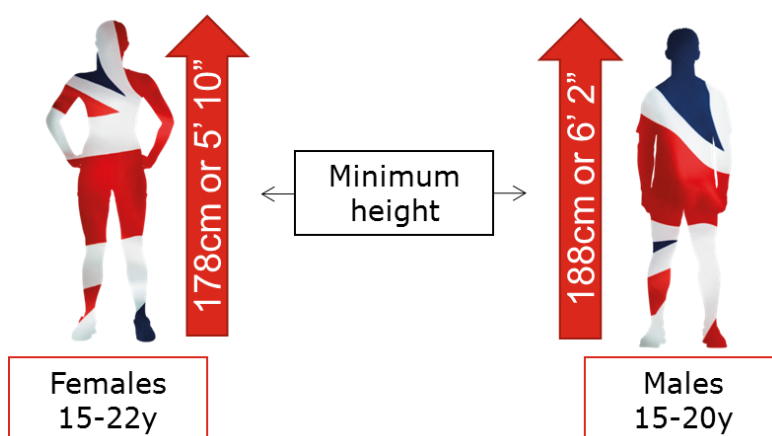
DISCOVER YOUR GOLD: ROWING

What is Rowing?

Rowing has been part of the Summer Olympics since its debut in 1900. Athletes typically compete in crews of two, four or eight over a course of 2000m. Disciplines include sweep (one oar) and sculling (two oars) as well as lightweight and open weight categories.

Who are we looking for?

You do not need any prior rowing experience; just the right physique and attitude to give rowing a go. The key sign-up criteria for Discover Your Gold is outlined below:



What if I am younger or older than what you are looking for?

If you are outside of the above criteria then please visit British Rowing website pages listed below to find out how to get started in the sport.

<https://www.britishrowing.org/gb-rowing-team/rowing-for-gb/>

<https://www.britishrowing.org/go-rowing/>

Athlete Stories ...

Below are some examples of athletes who found rowing via a UK Sport or British Rowing Talent ID Campaign.

Helen's story ...



Name: Helen Glover

DOB/ Age: 31y

Height: 178cm

Hometown: Penzance

Campaign: Sporting Giants 2007 & Start programme graduate

Previous sport: Hockey & cross country running

Career Highlight: Double Olympic Champion

Twitter: @Helenglovergb

Vicky's story ...



Name: Victoria Thornley

DOB/ Age: 30y

Height: 192cm

Hometown: Wrexham

Campaign: Sporting Giants 2007 & Start programme graduate

Previous sport: Equestrian

Career Highlight: Rio 2016 Olympic silver medallist

Twitter: @VickyThornleyGB

Matt's story ...



Name: Matt Gotrel

DOB/ Age: 28y

Height: 195cm

Hometown: Chipping Campden

Campaign: Tall and Talented 2009 & Start programme graduate

Previous sport: International sailor

Career Highlight: Rio 2016 Olympic gold medallist

Twitter: @MattGotrel

Moe's story ...



Name: Mohamad Sbihi

DOB/ Age: 29y

Height: 203cm

Hometown: Surbiton

Campaign: Start programme graduate

Previous sport:

Career Highlight: Double Olympic medallist (gold in Rio 2016 & bronze in London 2012)

Twitter: @moesbihi

Karen's story ...



Name: Karen Bennett

DOB/ Age: 28y

Height: 179cm

Hometown: Edinburgh

Campaign: Sporting Giants 2007 & Start programme graduate

Previous sport: Swimming & team sports

Career Highlight: Rio 2016 Olympic silver medallist

Twitter: @karenbennett89